

# SoDakSACA: 10 Years & Counting...

## “Helping Kids SHINE in 2009!”

### 2009 SoDakSACA Conference

October 9-10, 2009

Cedar Shore Resort & Conference Center

Chamberlain, SD

#### Conference Highlights

This year's 10th annual statewide conference will be held at the Cedar Shore Resort & Conference Center, and will feature a Friday morning pre-conference session, an exciting motivational session on Saturday morning, wonderful exhibitors, and an abundance of high quality workshops for all! We hope you will join us for this annual statewide training event.

#### Conference Contact

The 2009 conference chair is Jan Stange, Director of the GAP program in Brookings. For questions about the conference, you may contact her at: [gapost@brookings.net](mailto:gapost@brookings.net)

#### Conference-at-a-Glance

##### Friday

7:30-8:30am Registration (light breakfast)  
8:30-11:30am “How to Play *Nice* in the Sandbox” – Kim Ratz  
11:30-1:00pm Lunch on your own  
1:00-2:30pm Breakout sessions  
2:45-4:00pm Breakout sessions (snack available at 4:00)  
4:15-5:30pm Breakout sessions  
6:15-8:45pm Food, Fun & Frolic @ SD Hall of Fame

##### Saturday

7:30-9:00am Registration  
7:30-8:30am Breakfast and annual meeting  
8:45-9:45am Keynote Session: “Rhythm Power!”  
9:45–11:00am Breakout session (snack available at 11:00)  
11:15–12:30pm Breakout session  
12:30-1:15pm Lunch  
1:30-2:40pm Breakout sessions  
2:40-3:05pm 10th Anniversary Celebration!  
3:05-4:15pm Breakout sessions  
4:20-4:50pm Capnote Session: “Laughter for the Health of It!”  
4:50-5:00pm Wrap-up and Closing

#### Lodging

Book your rooms now at the Cedar Shore Hotel by calling (888)697-6363. Rates are \$72.95 for a single or double. Make sure you book your room under the ‘SoDakSACA block’ so you’ll receive the lower conference rate.

#### ‘Helping Kids Shine’ Poster Promotion

This year, programs are invited to put together their own creative version of our theme “Helping Kids SHINE in 2009” on tag board posters integrating the first names of all the children they serve onto the poster in some way. One entry per program site accepted. Prizes will be awarded for the most creative entries. Bring your entry to the registration desk on Friday.

#### College Credit

One college credit will be available from Augustana College for participation in the full conference (15 hours). Cost will be \$50. CEUs will also be available.

## Pre-Conference & Keynote Presenters

### **"How to Play Nice in the Sandbox" – Friday Morning Opening Session**



Since we were children we've been learning how to deal with people who "don't play nice." Even as adults, when this happens at work it still has an impact. You can make good choices - even when challenged by a "difficult person" or someone who "doesn't play nice" - that are professional, respectful, effective, and regret-free ... and can make for a safer, and more productive, and fun "sandbox" to be a part of. This program is a hybrid of information and skills from Kim's programs on topics of - Communication & Relationship Skills, Teamwork, Leadership, & Customer Service. Kim Ratz has worked with people across the U.S. and Canada, and specializes in helping people create more harmony in their own life and in their relationships with others. He shares keynotes that inspire hope, workshops that improve skills to cope, and music, stories and humor to induce enlightenment and entertainment. He lives in Minnetonka, MN with his wife of 35 years, has two grown children he's very proud of, and enjoys swimming, biking, kayaking, skiing, singing, traveling and rock collecting.

### **"Rhythm Power!" – Saturday Morning Opening Session**

We are proud to bring you "**Rhythm Power!**" to help us celebrate our 10<sup>th</sup> anniversary! "**Rhythm Power!**" is a powerful and celebratory program that builds the strengths of teamwork and awareness of accomplishments. Attendees will build a camaraderie that will help us recognize that what we do for kids is a powerful common goal.

At this session, SoDakSACA participants will engage in a powerful experience of rhythmic collaboration. Through specialized facilitation, participants will be energized and will directly touch the power of working together utilizing rhythm-based programming. We'll break down barriers, create shared vision, and celebrate success. No previous musical experience is necessary, and all of us are guaranteed to jam and have a great time! "**Rhythm Power!**" is provided by Source Consulting Group, LLC.



*"Rhythm is a universal language, allowing dialogue among us at the most basic creative level. Drumming together cuts through racial, cultural, and gender differences to the core of who we are as human[s]..." - Arthur Hull, Drum Circle Spirit*

### **"Laugh for the Health of It!" – Saturday Closing Session**



Laugh for no reason? No joke! Laughter Yoga is sweeping the globe as a very enjoyable new and radical approach to stress management and physical fitness. Our closing session will be an experience that is more than 'fun', it will be transformational! Jill and Dan Johnson are Laughter Professors with a mission - to infect everyone they meet with the healing powers of laughter! They were certified as Laughter Yoga Leaders and Trainers by the 'giggling guru' himself, Dr. Madan Kataria. Jill is co-owner of a yoga studio in Sioux Falls, SD called The Dharma Room Yoga & Wellness Center and has been teaching yoga for over 15 years. Dan is a life coach who brings his many years of small business leadership skills to the table. The mission of Laughter Yoga is good health, joy and world peace through laughter, and it's one that Jill & Dan live every day.